

Series of Events: Sailing Training

Sailing Instructor Training Cyprus

Module 1: 19.-22.11.2022 + Module 2: 23.-26.11.2022

Language: English

The modules can be booked individually or together. Detailed information on the module system follows on pages 2 and 3.

Location: **Robinson Club Cyprus**
George Muski Avenue
Alaminos
7572 Larnaca

Email: Melina.Lambria@robinson.com
www.robinson.com

Date Module 1: Saturday, **19.11.2022** until Tuesday, **22.11.2022**
Arrival must be on Friday, 18.11.2022

Date Module 2: Wednesday, **23.11.2022** until Saturday, **26.11.2022**
Arrival must be on Tuesday, 22.11.2022

Registrations: Deadline for registrations: 30.09.2022

Fees: **Course Fee:**
€ 595.00

Other services:

Accommodation Robinson Club Cyprus
Single or double room, depending on availability

€ 102.00/person

- including full board made by ROBINSON
- including windsurfing equipment rental

Airport Transfer available on request.

Booking Address:
Robinson Club Cyprus
Email: Melina.Lambria@robinson.com

Please note: When booking, indicate that you are a participant of the course, so that the special price can be granted.

Important to know: VDWS reserves the right to cancel the event, by reason of organizational matters. Important: All participants have to verify VDWS SafetyTool or proof of liability insurance before the beginning of the course. We recommend a travel cancellation insurance as well as a foreign health insurance.

Destination Airport: Larnaca (LCA)

SAILING INSTRUCTOR LICENCE

Instructor course *module 1* / Internship / Issuing of the licence

I Training and examination course

Prerequisites of attending	Safe handling of a catamaran/dinghy in 4 - 5 Bft. Completion of theoretical basics on the VDWS eLearning platform (You receive the link after registration): Methods of instruction, lesson planning, Colregs, Basic licence theory
Age	18 years
Registration forms	- Online registration on www.vdws.de - Proof of liability insurance - 50% of participation fee (you will receive the invoice after reception of registration)
Duration	4 days, exam incl.
Course contents	<u>Theory basics:</u> Organisation of school and lessons, teaching/learning with exercises, function/action, identifying and correcting mistakes, safety, sailing theory, basics of aerodynamics and hydrodynamics. <u>Practical basics:</u> Warming up, demonstration of the manoeuvres, weight and boat trim, model basic licence course, improving the riding skills.
Exam	<u>Practice at 8-20 knots:</u> Getting windward, tacking, getting downwind, jibing, landing, Drifting on the bow of a catamaran, man overboard, use of available space in a course. Attention: Depending on the weather the practical exam might take place as soon as the first course day. Here you have a video regarding the practical exam: https://www.youtube.com/watch?v=3Twkilbm2MA <u>Demonstration lesson basic:</u> 1 boat, 1-4 trainees, 1 instructor. Training qualification and special theory
Status	Participants of the instructor course who have passed the practical exam and the basic demonstration lesson will be awarded the status of VDWS Level 1 Sailing Instructor. The status of Level I Instructor is only replaced by Level 2 Instructor when module 2 and the internship are successfully completed.

II Internship

No internship is required for Level 1 Sailing Instructor.
The pre-internship can be started after the completion of module 1 and before starting module 2 (info on the internship and pre-internship in the training regulations).

III Licence issuing

Documentation	- VDWS membership application - Photograph (JPG file by email) - Proof of first aid skills (9 hours, not older than 2 years) - VDWS rescue licence or DLRG lifeguard bronze (or an equivalent proof) - Proven motorboat experience/motorboat confirmation (form)
Licence issuing	After successful completion of the module 1 course the participant receives the VDWS Level 1 Sailing Instructor Licence.
Remains valid	3 years
Renewal	Through participation in a VDWS further education event.

SAILING INSTRUCTOR LICENCE

Instructor course *module 2* / Internship / Issuing of the licence

I Training and examination course

Prerequisites for attending	Participation module 1. Safe handling of a catamaran/dinghy in 4 - 5 Bft. Completion of theoretical basics on the VDWS eLearning platform (You receive the link after registration): Methods of instruction, lesson planning, identifying and correcting mistakes, Sailing physics, safety.
Age	18 years
Registration forms	- Online registration on www.vdws.de - Proof of liability insurance - 50% of participation fee (you will receive the invoice after reception of registration)
Duration	4 days, exam incl.
Course contents	<u>Theory basics:</u> Organisation of school and lessons, teaching/learning with exercises, function/action Safety, sailing theory and manoeuvres, basics of aerodynamics and hydrodynamics Model of a beginner course and basic licence. <u>Practical basics:</u> Warming up, demonstration of manoeuvres, weight trim, boat trim, emergency situations during the everyday life at school, model of a basic course in both sports and possible alternatives, improvement of riding skills. <u>Demonstrations lesson complex:</u> Several boats and one instructor. Training qualification special theory <u>Theory:</u> Written exam, duration +- 120 minutes.
Status	Participants of the instructor course who have passed all parts of the examination and completed the internship will be awarded the status of Level 2 Instructor.

II Internship

Duration	At least 21 days with 100 working or training hours
Implementation	The internship can only take place at a VDWS-school for sailing entitled to run internships (see current list on www.vdws.de). The pre-internship can be started after the completion of module 1 and before starting module 2 (info on the internship and pre-internship in the training regulations).
Qualification	A report book must be kept on the contents and duration of the internship. This book is handed out at the end of the instructor course (via email as PDF). The opinion of the supervising trainer shall be taken into account here.

III Licence issuing

Documents	- Internship Documents
Licence issuing	After successful examination and successful completion of the internship, the participant is entitled to call themselves "VDWS-certified level 2 sailing instructor" and to conduct examinations for the basic licence catamaran & dinghy.
Remains valid	3 years
Renewal	Through participation in a VDWS further education event.