

WINGFOILING INSTRUCTOR LICENCE

VDWS Instructor Level 1

I Training and Examination Course

| Admission Requirements | Safe riding in different spots up to and including 6 Bft: Getting in and out of the water safely according to the conditions, going upwind, changing direction (jibe from and in toeside) safely in both directions and stopping in a controlled way at a certain point (student in the water). These manoeuvres should all be able to be foiled (without touchdown). Moreover, a turn from toeside and into toeside must be mastered on a SUP or windsurfing board with daggerboard. |
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| Age | 18 years |
| Registration Forms | Online registration: <u>www.vdws.de</u> Proof of private liability insurance 50% of the course fee (invoice will be issued upon receipt of online registration) |
| Duration | 8 days incl. examination |
| Training Contents | <u>Theoretical basics</u> : Developing the necessary methodological-didactical knowledge to teach the students fun, success and safety in wingsurfing/-foiling. Make and evaluate first teaching experiences through teaching experiments with wing students. <u>Practical basics</u> : Organise and conduct safe wingsurfing/foiling lessons (basic licence)at different spots with different wing systems. |
| Examination | <u>Practical exam in 10-25 knots:</u> The practical exam consists of two elements: wingsurfing and wingfoiling. The maximum examination time per element is10 minutes. For each element the following criteria have to be shown: Safe launching, safety leash on hand / foot, going upwind, turn and jibe from and into toeside. <u>Teaching test:</u> Teaching qualification in conjunction with specialist theoretical knowledge. <u>Theory:</u> Written exam, duration 90 min. |
| Licensing Level 1 | Participants who pass all exams (practical exma, teaching test, theory) during the training will receive the VDWS Instructor Level 1 Licence. An active VDWS membership is required for licensing (online application: <u>www.vdws.de</u>) as a pass picture. The licence is valid for 3 years. It is extended by participation in a VDWS seminar for further education. |

VDWS Instructor Level 2

| II Internship | |
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| Admission Requirements | VDWS Instructor Level 1 |
| Duration | 21 days (approx. 100 training hours) are recommended. |
| Implementation | The internship can only be done at a VDWS wingfoiling center entitled to train interns (see current list: <u>www.vdws.de</u>). |
| Completion | The opinion of the supervising instructor will be taken into account when awarding the VDWS licence. |
| III Documents | Internship Documents First Aid Certificate (not older than two years) Lifeguard Licence (VDWS Rescue or equivalent to German DLRG Bronze) |
| Licensing Level 2 | After successful completion of the training & examination course as well as the internship, the VDWS VDWS Instructor Level 2 Licence is granted. This qualification entitles to teach and to be an examiner of the contents of the VDWS wingfoiling basic licence and to issue this licence. The licence is valid for 3 years. It is extended by participation in a VDWS seminar for further education. |

VDWS 05_2023