

## WINDSURFING INSTRUCTOR LICENCE

## VDWS Instructor Level 1

I Training and Examination Course

Admission requirements	The exam-relevant 40 m skills (see practice video) as well as the basic manoeuvres (get on going, tacking, jibing, safety sailing, tacking) on the longboard, must be mastered safely up to a wind speed of 25 knots (approx. 6 Bft.) as PARTICIPATION REQUIREMENTS.
Age	18 years
Registration Forms	<ul> <li>Online registration: <u>www.vdws.de</u></li> <li>Proof of private liability insurance</li> <li>50% of the course fee (invoice will be issued upon receipt of online registration)</li> </ul>
Duration	8 days incl. examination
Training Contents	<u>Theoretical topics</u> : Introduction to course planning, water sport methods, center and course organization, emergency situations, safety, animation, basics in physics, theory of sailing and manoeuvres, equipment and maintenance. <u>Practical topics</u> : Training of practical skills for teaching practise, training exercises for beginners and advanced, practise-oriented theories.
Examination	Practical examination part I at 8-25 knots.: Skills of board control, 40m wind abeam, 4 out of 5 must be passed (snakelines, clew first, leeride, fin first, sail360°). Video of the practical examination: <u>https://www.youtube.com/watch?v=8pBXluZGpFo</u> <u>Practical examination part II at 8-20 knots:</u> Demonstration of beginner techniques <u>Teaching ability:</u> Teaching ability in combination with theoretical subject-specific knowledge. <u>Theory:</u> Written examination, duration: 60-90 minutes.
Licensing Level 1	Participants who <b>pass all exams (practical examination I and II, teaching ability, theory)</b> during the training will receive the VDWS Instructor Level 1 Licence. An active VDWS membership is required for licensing (online application: <u>www.vdws.de</u> ) and a pass picture. The licence is valid for 3 years. It is extended by participation in a VDWS seminar for further education.

## VDWS Instructor Level 2

II Internship

Admission Requirements	VDWS Instructor Level 1
Duration	21 days (approx. 100 training hours) are recommended
Implementation	The internship can only be done at a VDWS windsurfing center entitled to train interns (see current list: <u>www.vdws.de</u> ).
Completion	The opinion of the supervising instructor will be taken into account when awarding the VDWS licence.
III Documents	- Internship Documents - First Aid Certificate (not older than two years) - Lifeguard Licence (VDWS Rescue or equivalent to German DLRG Bronze)
Licensing Level 2	After successful completion of the training & examination course as well as the internship, the VDWS Instructor Level 2 Licence is granted. This qualification entitles to teach and to be an examiner of the contents of the VDWS windsurfing basic licence and to issue this licence. The licence is valid for 3 years. It is extended by participation in a VDWS seminar for further education.

VDWS 05\_2023