

# WINDSURFING INSTRUCTOR LICENCE

## Instructor Training / Internship / Licensing

### I Training and examination course

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| <b>Admission Requirements</b> | Basic manoeuvres (getting started, tack, jibe, safe handling, windward tacking) on a long board at 4-5 bft.  |
| <b>Age</b>                    | 18 years   |
| <b>Registration Forms</b>     | - Duly completed online registration ( <a href="http://www.vdws.de">www.vdws.de</a> )<br>- Proof of private liability insurance<br>- 50% of the course fee (invoice is issued upon receipt of online registration)   |
| <b>Duration</b>               | 8 days incl. examination   |
| <b>Training Contents</b>      | <u>Theoretical topics:</u><br>Introduction to course planning, water sport methods, center and course organization, emergency situations, safety, animation, basics in physics, theory of sailing and manoeuvres, equipment and maintenance.<br><u>Practical topics:</u><br>Training of practical skills for teaching practise, training exercises for beginners and advanced, practise-oriented theories.   |
| <b>Examination</b>            | <u>Practical examination part I at 8-20 knots:</u> Skills of board control, 40m wind abeam, 4 out of 5 must be passed (wavy lines, clew first, leeward, stern first, helicopter). <b>A video of the practical examination can be found here:</b><br><a href="https://www.youtube.com/watch?v=8pBXluZGpFo">https://www.youtube.com/watch?v=8pBXluZGpFo</a><br><u>Practical examination part II at 8-20 knots:</u> Demonstration of beginner techniques<br><u>Teaching ability:</u> Teaching ability in combination with theoretical subject-specific knowledge.<br><u>Theory:</u> Written examination, duration: 60-90 minutes. |
| <b>Status</b>                 | Participants who pass at least the didactic examination as well as the practical exam during the seminar will receive the status of <i>VDWS Level 1 Instructor</i> .   |

### II Internship

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| <b>Admission Requirements</b> | Participants who have obtained the status <i>VDWS Level 1 Instructor</i> during the training course can start their internship.   |
| <b>Duration</b>               | Minimum 21 days covering 100 working resp. training hours.  |
| <b>Accomplishment</b>         | The internship can only be completed at a VDWS recognized center, entitled to host internships (windsurfing). The current list of internship centers is available on our website <a href="http://www.vdws.de">www.vdws.de</a>                       |
| <b>Ending</b>                 | The trainee must keep a record of the contents and the duration of the internship, the corresponding documents are distributed at the end of the instructor course (as PDF via email). The internship booklet must be sent to the VDWS head office. |

### III Licensing

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| <b>Documents</b> | - Internship Confirmation Form<br>- First Aid certificate (minimum 9 lessons, not older than 2 years)<br>- Lifeguard Licence (VDWS Rescue Licence or German DLRG Bronze or equivalent)<br>- Proof of ability to drive a motorboat for rescue purposes (VDWS form)<br>- VDWS Membership Application Form<br>- Passport photograph (jpeg file per e-mail) |
| <b>Status</b>    | The status <i>VDWS Level 1 Instructor</i> will only be replaced by <i>Level 2 Instructor</i> once all examination parts are passed.   |
| <b>Licensing</b> | After successful completion of the training and examination course and the internship, the <i>VDWS Windsurfing Instructor Licence</i> is granted. This qualification entitles to teach and to be an examiner of the contents of the VDWS windsurfing basic licence and to issue this licence.   |
| <b>Validity</b>  | 3 years   |
| <b>Renewal</b>   | By participating in a VDWS seminar for further education (1-day seminar, Level 3 Workshop, Center Management Workshop)  |