

SUP INSTRUCTOR LICENCE

Instructor Training / Licensing

I Training and examination course

Admission Requirements	Safe paddling (f. e. 15 strokes on one side without changing direction) and the examination maneuvers. No teaching background is required. However, the candidate should be familiar with the VDWS instructor file theory. SUP Leash necessary.
Age	18 years old
Registration forms	Duly completed online registration form (www.vdws.de) - Certificate of personal liability insurance - 50% of the course fee (the invoice is issued upon receipt of the online registration)
Duration	4 days incl. examination
Training Contents	<ul style="list-style-type: none"> - Movement instructions, movement descriptions, movement tasks - Instructor's behaviour, mistake analysis and correction - Techniques of board control - Movement learning - Introduction into course planning and design - Example of a beginner course - VDWS SUP System, Safety Check Card and Workbook - Watersport and environmental problems - Meteorology, equipment, safety and health - Job description watersport instructor
Examination	<p><u>Practical:</u> The practical examination consists of skills for a safe handling of board and paddle. In a buoy course, between two buoys at a distance of 40 metres, you paddle to and from. On the first stretch, in parallel stance position, you paddle only on one side with the C-stroke. On the way back, in parallel stance position, you paddle with the J-stroke on both sides. The first buoy must be rounded with a crossbow turn, the second with a pivot turn. A video of the practical examination can be found here: https://www.youtube.com/watch?v=K_Pg_CwtPyo</p> <p><u>Demonstration Lesson:</u> During the demonstration lesson, the teaching ability in the field of a beginner course will be tested.</p> <p><u>Written Examination:</u> The written examination covers the theoretical, practical and methodical aspects of the training. It takes max. 30 minutes.</p>
Status	Participants who pass at least the demonstration lesson as well as the practical exam during the seminar will receive the status of <i>VDWS Level 1 Instructor</i> .

II Licensing

Documents	<ul style="list-style-type: none"> - First Aid certificate (minimum 9 lessons, not older than 2 years) - Lifeguard Licence (VDWS Rescue Licence or German DLRG Bronze or equivalent) - Proof of ability to drive a motorboat for rescue purposes (VDWS form) - VDWS Membership Application Form - Passport photograph (jpeg file per e-mail)
Status	The status <i>Level 1 Instructor</i> will only be replaced by <i>Level 2 Instructor</i> once all examination parts are passed.
Licensing	After successful completion of the training and examination course, the <i>VDWS SUP Instructor Licence</i> is awarded.
Validity	3 years
Renewal	By participating in a VDWS seminar for further education (1-day seminar, Level 3 workshop, Center Management workshop)