

## SAILING INSTRUCTOR LICENCE

Instructor course \*module 2\* / Internship / Issuing of the licence

## I Training and examination course

Prerequisites for attending	Participation module 1. Safe handling of a catamaran/dinghy in 4 - 5 Bft. Completion of theoretical basics on the VDWS eLearning platform (You receive the link after registration): Methods of instruction, lesson planning, identifying and correcting mistakes, Sailing physics, safety.
Age Registration forms	18 years - Online registration on <u>www.vdws.de</u> - Proof of liability insurance - 50% of participation fee (you will receive the invoice after reception of registration)
Duration Course contents Status	<ul> <li>4 days, exam incl. <u>Theory basics:</u></li> <li>Organisation of school and lessons, teaching/learning with exercises, function/action Safety, sailing theory and manoeuvres, basics of aerodynamics and hydrodynamics Model of a beginner course and basic licence.</li> <li><u>Practical basics:</u></li> <li>Warming up, demonstration of manoeuvres, weight trim, boat trim, emergency situations during the everyday life at school, model of a basic course in both sports and possible alternatives, improvement of riding skills.</li> <li><u>Demonstrations lesson complex</u>: Several boats and one instructor. Training qualification special theory</li> <li><u>Theory</u>: Written exam, duration +- 120 minutes.</li> <li>Participants of the instructor course who have passed all parts of the examination and completed the internship will be awarded the status of Level 2 Instructor.</li> </ul>
II Internship	
Duration	At least 21 days with 100 working or training hours

Implementation	The internship can only take place at a VDWS-school for sailing entitled to run internships
	(see current list on www.vdws.de).
	The pre-internship can be started after the completion of module 1 and before starting
	module 2 (info on the internship and pre-internship in the training regulations).
Qualification	A report book must be kept on the contents and duration of the internship.
	This book is handed out at the end of the instructor course (via email as PDF).
	The opinion of the supervising trainer shall be taken into account here.

## III Licence issuing

Documents	- Internship Documents
Licence issuing	After successful examination and successful completion of the internship, the participant is entitled to call theirselves "VDWS-certified level 2 sailing instructor" and to conduct examinations for the basic licence catamaran & dinghy.
Remains valid Renewal	3 years Through participation in a VDWS further education event.