

SAILING INSTRUCTOR LICENCE

Instructor course *module 1* / Internship / Issuing of the licence

I Training and examination course

Prerequisites of attending	Safe handling of a catamaran/dinghy in 4 - 5 Bft. Completion of theoretical basics on the VDWS eLearning platform (You receive the link after registration): Methods of instruction, lesson planning, Colregs, Basic licence theory
Age	18 years
Registration forms	- Online registration on www.vdws.de - Proof of liability insurance - 50% of participation fee (you will receive the invoice after reception of registration)
Duration	4 days, exam incl.
Course contents	<u>Theory basics:</u> Organisation of school and lessons, teaching/learning with exercises, function/action, identifying and correcting mistakes, safety, sailing theory, basics of aerodynamics and hydrodynamics. <u>Practical basics:</u> Warming up, demonstration of the manoeuvres, weight and boat trim, model basic licence course, improving the riding skills.
Exam	<u>Practice at 8-20 knots:</u> Getting windward, tacking, getting downwind, jibing, landing, Drifting on the bow of a catamaran, man overboard, use of available space in a course. Attention: Depending on the weather the practical exam might take place as soon as the first course day. Here you have a video regarding the practical exam: https://www.youtube.com/watch?v=3Twkilbm2MA <u>Demonstration lesson basic:</u> 1 boat, 1-4 trainees, 1 instructor. Training qualification and special theory
Status	Participants of the instructor course who have passed the practical exam and the basic demonstration lesson will be awarded the status of VDWS Level 1 Sailing Instructor. The status of Level I Instructor is only replaced by Level 2 Instructor when module 2 and the internship are successfully completed.

II Internship

No internship is required for Level 1 Sailing Instructor.
The pre-internship can be started after the completion of module 1 and before starting module 2 (info on the internship and pre-internship in the training regulations).

III Licence issuing

Documentation	- VDWS membership application - Photograph (JPG file by email) - Proof of first aid skills (9 hours, not older than 2 years) - VDWS rescue licence or DLRG lifeguard bronze (or an equivalent proof) - Proven motorboat experience/motorboat confirmation (form)
Licence issuing	After successful completion of the module 1 course the participant receives the VDWS Level 1 Sailing Instructor Licence.
Remains valid	3 years
Renewal	Through participation in a VDWS further education event.