

# CATAMARAN-INSTRUCTOR-LICENCE

Instructor apprenticeship / Internship / Licensing

## I Training- and examination course

**Admission requirements** Safe handling of a catamaran at 4-5 Bft.

**Age** 18 years old

**Registration forms** - Duly completed and signed registration form

- Personal data sheet with references to education, occupation and backgrounds in sports
- Passport photographs (jpeg file per e-mail)
- Certificate of personal liability insurance
- 50% of the course fee (direct debit authority or proof of bank transfer)

**Duration** 8 days incl. examination

**Training contents** Theoretical topics:

Introduction to course planning, watersport methods, school and course organization, emergency situations, safety, animation, basics in physics, theory of sailing and manoeuvres, equipment and maintenance.

Practical topics:

Accurate demonstration of manoeuvres, weight and boat trim, emergency situations, improvement of practical skills and model of a catamaran beginner's course.

**Examination** Practical examination at 8-20 knots: windward tacking, tack, getting downwind, jibe, stopping at a boat, drifting on the bows, tacking from a standing position, heaving to, spatial orientation within a course.

Teaching ability: Teaching ability in combination with theoretical subject-specific knowledge.

Theory: Written examination, duration: 90 minutes.

**Status** Participants who pass at least the didactic examination during the seminar will receive the status of *VDWS Instructor-Trainee* (validity 2 years maximum).

## II Internship

**Admission requirements** Participants who have obtained the status *VDWS-Trainee* during the training and examination course can start their internship.

**Duration** Minimum 21 days covering 100 working resp. training hours.

**Accomplishment** The internship can only be completed at a VDWS recognized watersportschool, entitled to host internships (catamaran sailing). (Current list see [www.vdws.de](http://www.vdws.de))

**Ending** The instructor-trainee must keep a record of the contents and the duration of the internship, the corresponding documents are distributed at the end of the instructor course. Before the licence being awarded, the instructor-trainee's responsible supervisor's opinion will also be taken into account.

## III Licensing

**Documents**

- Internship certificate (form) confirming its successful completion
- First-aid certificate (maximum 2 years old, 8 double periods)
- Swimming certificate (German DLRG-Bronze or equivalent)
- Proof of ability to drive a motorboat for rescue purposes (VDWS form)
- Application for VDWS admission

**Status** The status *trainee* will only be replaced by the job-title *instructor* once all examination parts are passed.

**Licensing** After successful completion of the training and examination course and the internship (within 2 years), the *VDWS-Catamaran-Instructor-Licence* is awarded. This qualification entitles to teach and to exam the contents of the VDWS catamaran sailing basic licence and issue this basic licence.

**Validity** 3 years

**Renewal** By participating in a VDWS seminar for further education

### ANY MORE QUESTIONS?

Do not hesitate to call or to send an e-mail: Tel. +49(0)881/9311-0 - Fax +49(0)881/9311-15 - [info@vdws.de](mailto:info@vdws.de)